

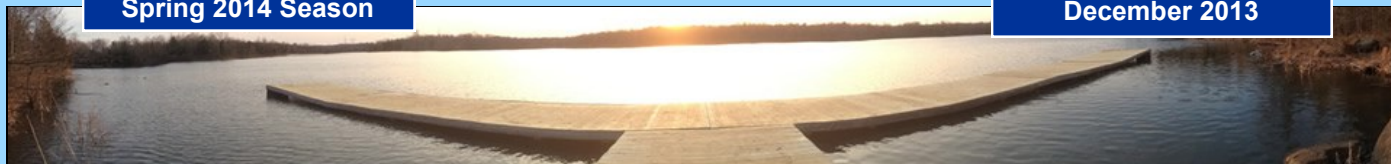


Crewsletter

Stone Bridge Rowing Club Ashburn, VA

Spring 2014 Season

December 2013



Regatta Schedule

- **Saturday, March 22nd** **Lake Lenape Sprints**
Mays Landing, NJ
- **Sunday, March 23rd** **2nd Manny Flick**
Philadelphia, PA
- **Saturday, March 29th** **Regional Park Regatta**
Fairfax Station, VA
- **Saturday, April 5th** **Walter Mess Regatta**
Fairfax Station, VA
- **Saturday, April 12th** **Baltimore Invitational**
Baltimore, MD
- **Saturday, April 26th** **Charlie Butt Regatta**
Washington, DC
- **Saturday, May 3rd** **Ted Phoenix Champ**
Fairfax Station, VA
- **Saturday, May 10th** **VASRA Championship**
Fairfax Station, VA

All athletes should plan to attend these eight regattas

Training Events

- **Saturday, February 1st** **Mid-Atlantic Erg Sprints**
Alexandria, VA
- **Saturday, February 22** **Washington College**
Chestertown, MD

All athletes should attend

Fundraising Event

- **Sunday, March 16th** **Erg-a-thon at Giant Food**
9:00 AM — 5:00 PM Junction Plaza Shopping Center

All hands on deck for our biggest fundraiser of the season!

Rowing Practice

- **Winter Training**
2 weekdays (MW or TuTh) and Sat for all at Suter's
- **On-Water Practice**
Frist day allowed is Monday, February 24th
- **Spring Break**
Double practices Mon-Thu
All athletes should attend

Parent Meeting

- **Date To Be Determined**
Stone Bridge High School
7:30 PM in the Library

December 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10 Payment #1 Due \$100	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				